

# “佛法与自然法则”课程

## “DHAMMA AND NATURAL LAWS” LESSON

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### 第四堂课：布施与自然法则

#### 4<sup>th</sup> Lesson: Giving and Natural Laws

##### 18.10.2015-布施&克服悭吝 Giving & Overcoming Stinginess

1. 悭吝的盲点是什么？如何克服？  
What is the blind spot of stinginess? How to overcome?
2. 布施与富裕之心？如何培育？  
Giving and the Wealthy Heart? How to cultivate?
3. 如何圆满布施之心？  
How to perfect the mind of giving?
4. 你打算如何在自己的生活与修禅中运用这节课所学到的法，以便给自己与他人带来真惠？  
How do you intend to apply the Dhamma you learn in this lesson in Daily life and meditation in order to bring true welfare for yourself and others?
5. 其它感想分享。  
Other sharing of thoughts.